



## Writing Warm-Ups

Two-minute warm-ups prepare you for the longer writing exercises.

*Set a timer for one-minute.*

Use the first sentence as a starter sentence, then write for another minute using the second sentence.

Repeat.

### WRITING WARM-UP 1

*Everything was at risk.*

[write for one minute]

*I was stuck between two worlds.*

[write for another minute]

### WRITING WARM-UP 2

*I began to fly, unaware I had wings.*

[write for one minute]

*In each word, there burned a wick.*

[write for another minute]



## Create Your Story

### Writing Instructions:

Choose the writing prompt that inspires you. Later, you can explore each prompt.

Write for thirteen minutes without stopping, or overthinking your content. Set your timer!

#### 1 STEPPING INTO ANOTHER WORLD

*Write about a transition time of leaving one world  
and getting ready to step into another.*

[write for 13 minutes]

#### 2 THE UNWILLING HERO

*Write about your Hero being unwilling to step into the Adventure,  
and how that affected the crossing.*

[write for 13 minutes]

#### 3 WHAT IS THE HERO LEAVING BEHIND

*By crossing the Threshold, show us what the Hero is leaving behind  
—perhaps grieving the old world while flying toward the new world.*

[write for 13 minutes]

#### 4 NOTHING COULD STOP YOU

*Write about a time you suddenly knew you had to change course and nothing could stop you.*

[write for 13 minutes]